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Poster: Living things have needs

Food

Draw yourself eating a healthy meal (e.g., vegetables, fruit, whole grains). Draw a picture of a healthy food choice (e.g., a salad, an apple, or soup).

Water

Draw yourself drinking a glass of water or using a water bottle.

Draw a water source, like a sink, water fountain, or river.

Air

Draw yourself outside playing in fresh air (e.g., running, riding a bike, or playing at a park). Draw trees or plants that help keep the air clean.

Shelter

Draw your school, home or a picture of a warm, cozy bed.

Draw a safe place to feel protected, like a house, tent, or treehouse.